

Stigma  
FreeOC

# I PLEDGE TO BE STIGMA FREE

See the person not the condition

I will do my part to remove stigma around mental illness and addiction by always seeing the person not the condition, helping raise awareness of these illnesses, and encouraging individuals in their efforts to achieve wellness and recovery.

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Name

ARE YOU READY TO TAKE THE PLEDGE? VISIT **STIGMAFREEOC.COM**



Orange County Mental Health and Alcohol and Drug Advisory Boards